

Bell sisters love FedExFamilyHouse

Selena and Savanna Bell know a lot about FedExFamilyHouse. The sisters have life-long illnesses and receive care at Le Bonheur. The pair come so often that even the hospital security guards know them by name. Because each has undergone multiple surgeries here, the girls and their family have spent numerous nights at FedExFamilyHouse.

"After FedExFamilyHouse opened, it really helped us financially and made it much easier and more convenient for our family to take care of the girls when they were at Le Bonheur," said Paula Bell, their mother.

The Bells live in Greenfield, Tenn., a two-and-a-half hour drive from Memphis. Paula and her husband, Steven, found themselves spending a lot of money on hotel rooms and gas to drive back and forth prior to the opening of FedExFamilyHouse in 2011.

Selena, 13, has been a patient at Le Bonheur since 2005. She was diagnosed with Chiari malformation, a congenital abnormality that causes cerebrospinal fluid to build up in the brain. Selena experienced migraines as a result. She had spinal surgery at Le Bonheur to correct this problem in 2010. Since then, she has undergone five more surgeries.

Savanna, 4, has been a patient at Le Bonheur since she was diagnosed shortly after birth with craniosynostosis. The fibrous sutures in her skull prematurely fused into bone changing the growth pattern of the skull. Savanna has had four reconstructive surgeries at Le Bonheur.

The Bell family says that FedExFamilyHouse has "gone above and beyond the call of duty" to care for their family. "We knew Le Bonheur was here but had no idea how welcoming and supportive FedExFamilyHouse was until we stayed there," Paula said. "It means so much to be able to cook a meal at the house. It saves us time and is convenient. Having the pantry stocked with food to prepare meals is so helpful. Whenever we come to Le Bonheur, the girls look forward to receiving their goody bags at check in."

Paula is grateful for simple amenities like the washers and dryers at FedExFamilyHouse. "Living far away, we don't have to worry about brining so many clothes with us because there's a washer and dryer on every floor," Paula said. "We can't thank Le Bonheur and FedExFamilyHouse enough for the support they've given us. I thank God every day that Le Bonheur and FedExFamilyHouse are here, not just for my family but for all families. It's our home-away-from-home."



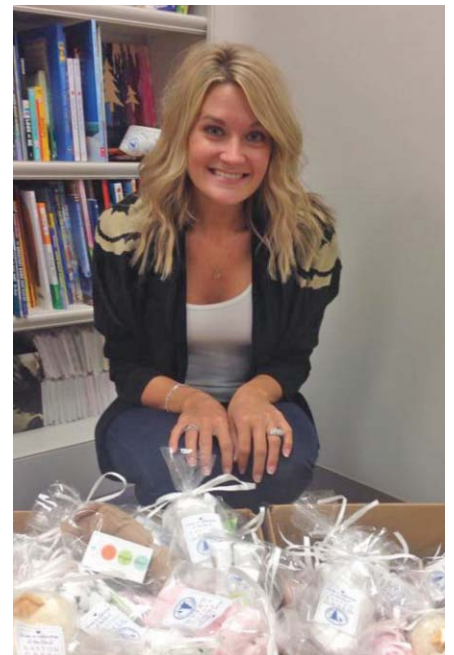
seeking Enchanted Forest sign ups

Help bring holiday joy to the young patients of Le Bonheur and the many visitors to the Enchanted Forest. Le Bonheur is now accepting applications for anyone wishing to decorate a gingerbread house for the Gingerbread Village, sponsor a fluffy penguin for the Penguin Pond or decorate a tree for the Festival of Trees. The Enchanted Forest, Memphis' oldest holiday tradition, will open on Nov. 15 and run through Dec. 31 at the Pink Palace. Please call Kathy Ferrara at 287-5018 or email kathy.ferrara@lebonheur.org for more information.

blankies given in honor of Easton Green



Last week, Brittney Cacciola Green, at right, drove from Camden, Tenn., to help the Forrest Spence Fund package more than 200 Angel Dear blankies, above, for patients at Le Bonheur. Brittney's son, Easton, died due to health complications when he was just 130 days old. His hometown paper encouraged friends, family and neighbors to participate in the Cuddle Challenge for Easton, donating an Angel Dear blankie or funds to purchase a blankie. To date, more than 225 blankies have been purchased in honor of Easton's life. The Forrest Spence Fund is grateful to Easton's family for offering positive support to other families in honor of their son.



save the date

- Mark your calendars for **Nursing Grand Rounds** on Wednesday, Oct. 29, at 12:30 p.m. in the NICU Conference Room. PCRU Clinical Research Manager **Christopher Gunter**, BSc., MPH, will deliver a talk titled, "Understanding Research Study Designs: Use in Nursing Research." One nursing contact hour is available.
- Beginning Saturday, Nov. 1, the only way to communicate with the Environmental Services department 24 hours a day, 7 days a week will be by calling the department cell phone at 901-483-7762. The **EVS department pager** will be deactivated Nov. 1. Calls made to the department office phone, 287-6286, will be answered at the team's earliest opportunity.

annual enrollment runs Nov. 6-19

Associates, annual benefits enrollment is an excellent time to review the benefit choices you've made for yourself and your family. As your needs change during different phases of your life and career, your benefit needs may also change. Take advantage of this time to make the right choices for this stage in your life.

Members of the Benefits team will host 45-minute educational sessions about the enrollment process, enrollment tips and changes for the 2015 plan year on Wednesday, Nov. 5, at 2:30 p.m. and 3:30 p.m. in the NICU Conference Room. For additional session times at other Methodist locations, visit MOLLI or call the Benefits team at 516-8404. This year, Associates will also have access to a support center staffed by an enrollment counselor. Stay tuned for support center dates, times and locations.

Leaders will distribute annual enrollment packets to their team members before Nov. 6. Make sure to read your annual enrollment materials and review the mybenefits information on MOLLI. Annual enrollment closes on Wednesday, Nov. 19.

tickets on sale for Monster's Ball

The Cadre Building is hosting its inaugural Monster's Ball fundraiser on Friday, Oct. 31, at 8 p.m. Proceeds benefit Le Bonheur Children's Hospital. The fundraiser will feature live music by local favorite Lord T & Eloise; DJ Jordan Rodgers will also perform. In addition, there will be fabulous food and libations, special guest appearances, VIP lounge, photo booth, costume contest, prizes and more.

Regular and VIP tickets are on sale now. Regular tickets are \$50 and include food, beer and wine. VIP tickets are \$100 and include valet parking, access to the VIP lounge on the private mezzanine level, food, cocktails, beer and wine. Le Bonheur Pumpkin Run 5K participants will receive a special offer of \$10 off regular tickets. These tickets can be purchased using a special discount code found in the race registration packet. For tickets, please visit www.cadremonstersball.eventbrite.com.

To make the Monster's Ball possible, The Cadre Building has procured sponsorships with local event vendors including Christen Jones Photography, Classic Party Rentals, Second to Nunn Design, Season 52, Stratum PhotoBooths, The Stovall Collection, Tiger City Entertainment, Pyramid Vodka, Yuletide Office Solutions and US Foods.

calendar

Mon., Oct. 27

5-5:45 p.m.

Zumba Class

Outpatient Center
Ground Floor
Conf. Room

Wed., Oct. 29

8-9 a.m.

Grand Rounds

Auditorium

5-5:45 p.m.

Zumba Class

Outpatient Center
Ground Floor
Conf. Room

Fri., Oct. 31

1:30-3 p.m.

Harvest Fest

Event Space



Published for Associates and medical staff of Le Bonheur Children's Hospital. Le Bonheur express is produced by the Le Bonheur marketing & communications services department. Please send information for express to Katherine at: katherine.whitfield@lebonheur.org or call her at 287-6030. The **deadline** for information for each issue of express is **Tuesday at noon**. However, please give as much advance notice as possible for both stories and requests for photos.

Fiesta Latina celebrates cultures



Le Bonheur Children's Hospital hosted its annual Fiesta Latina on Oct. 17, showcasing cultural aspects from five different countries. The event was spearheaded by Chaplain **Octavio Areas**, and aspects of the heritage of Puerto Rico, above, Peru, below, Guatemala, Brazil and the Dominican Republic were represented. Members of Caza Teatro, a bilingual theater, put on a play for participants, families and staff.



Oct. 27 - 31

menu

Mon., Oct. 27

Vegetarian Chili
Chicken Gumbo
Roasted Pesto Tilapia
Thai Curry Veggies
and Tofu
Rotisserie Chicken
Breasts
Caesar Salad Bar
Creamed Spinach
Roasted Beets
Green Beans
Lemon Rice Pilaf

Tues., Oct. 28

Chili
Red Beans and Rice
Chipotle Turkey
Meatloaf
Braised Beef Pot
Roast
Golden Crumb Pork
Chop
Wing Bar
Fried Okra
Grilled Vegetable
Medley

Macaroni and Cheese
Creamed Corn

Wed., Oct. 29

Potato Cheese Soup
Chili
Italian Meatballs
Dijon Crusted Tilapia
Fried Chicken
Philly Cheesesteak
Station
Green Bean Casserole
Italian Vegetable
Medley
Turnip Greens
Mashed Red Potatoes

Thurs., Oct. 30

Chili
Chicken Noodle Soup
Turkey and Dressing
Teriyaki Salmon Filet
Beef Chopped Steak
BBQ Sandwich
Fried Zucchini
Mustard Greens
Roasted Vegetables
Sweet Potatoes

Fri., Oct. 31

Stuffed Potato Soup
Chili
Turkey Spaghetti
Pulled Pork
Blackened Catfish
Nacho Bar
Steamed Broccoli
Baked Beans
Spicy Collard Greens
Cole Slaw